

#A10K
ALCESTER 10K

Alcester Autumn 10K

Race Day Information

**Sunday 9th October
2022**

 **Raceways**

A COMMUNITY INTEREST COMPANY

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Welcome to the 7th edition of the Alcester 10K, which for the first time ever has become a two race series in 2022! Please ensure that you read this information pack as it contains important information for race day.

The Alcester 10K is organised by Raceways Events – we are a community interest company, which gives all of its profits to the charity Marathon Kids UK.

Marathon Kids UK organises fun, free and sustainable activities for children in schools, parks and communities, to engage children with physical activity and sport to help them become healthier, happier and more confident.

MARATHON KIDS

 Raceways

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Race Day Timetable

07:30 10K Registration opens – Centenary Field

07:30 Kids Fun Run registration opens – Centenary Field

09:30 10K Registration closes – Centenary Field

09:45 Warm-up at start line

09:55 Race Briefing

10:00 Alcester 10k Race Start – High Street

11:00 Kids Fun Run registration closes

11:20 Prize presentation

11:30 Kids Fun Run warm-up and Start –High Street

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Registration and Pre-Race

- You can pick up your race number and chip from Centenary Field, Alcester, B49 5QP, on **Saturday 8th October 12pm-6pm**, or from **7.30am until 9.30am** on race day.
- Please collect them on Saturday 8th October if you can, to reduce the number of runners congregating at registration on the morning of the race.
- Once you have collected your number, please fill in your emergency contact information on the reverse.
- Plan your journey in advance and allow plenty of time to park and pick up your race number.
- Registration is a 2 minute walk from the start line on the High Street.
- Please don't risk running if you feel unwell on race day. .
- Toilets will be provided at registration, there are also a range of public toilets available in Alcester town centre.

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Parking

- Parking is available at Festival Fields, Stratford Road, Alcester. This is a large field on the north side of the Stratford Road, next to the river. The nearest postcode is B49 6PG.
- Parking is free, however there will be collection boxes for Marathon Kids UK to make a donation of your choice.
- Please be aware that there could be delays in leaving the car park after you finish the race, as finishing runners will be passing. A marshal will be in place to assist you.

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During the race

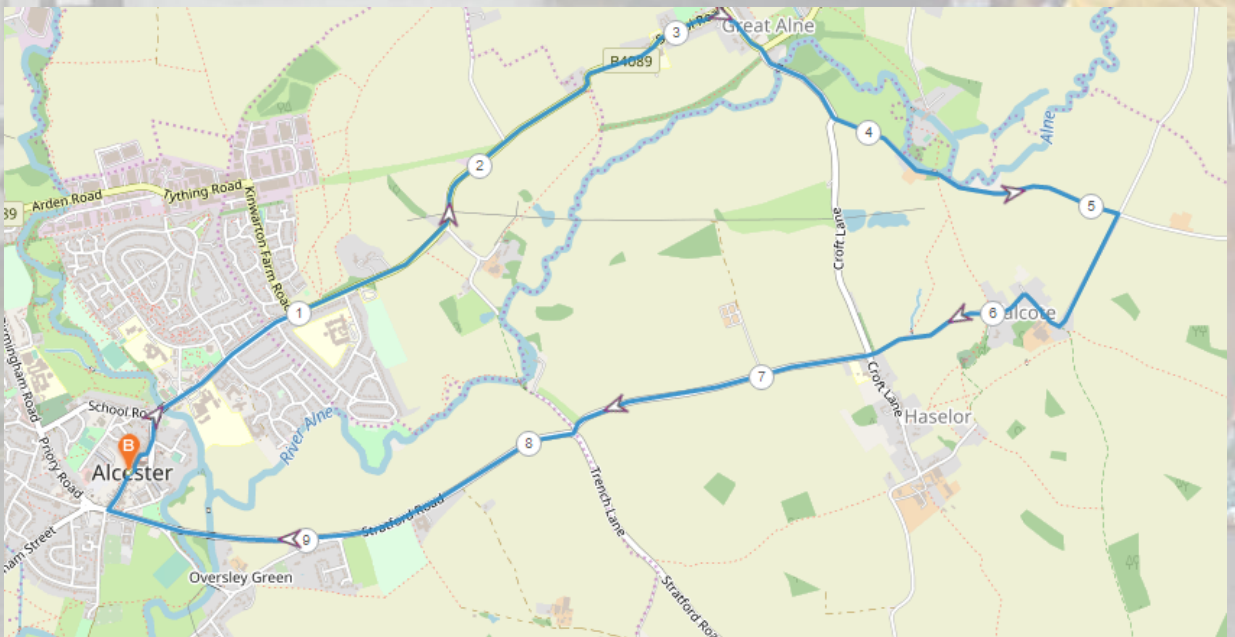
- First aid will be available during the race – if you require medical assistance, or see someone who does, please inform your nearest marshal.
- Always listen to the instructions of the marshals.
- **Please don't throw litter on the ground along the course – please use the bins provided, or hand your litter to a marshal!**
- UKA regulations state that only bone conduction headphones are allowed during the race – this allows you to hear the instructions of marshals and be aware of your surroundings

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The Route

- The route is a single 10km lap. It will be clearly marked with kilometre signs, and marshals at all junctions.
- There will be a rolling road closure, with roads being closed ahead of the race and reopened once runners have passed.
- At 11.30am, Stratford Road (8km – 9.8km) will be reopened. Any runners remaining on the course must move onto the pavement. Marshals will continue to be in place and will direct runners.
- There will be two drinks stations on the course: 3.4km (Huff Cap pub) and 5.8km (Walcote), and at the finish.



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At the Finish

- The finish is located on the High Street, back where you started!
- As you finish, you will collect your bespoke medal and t-shirt, as well as refreshments courtesy of Subway.
- You can also claim a free Erdinger alcohol-free beer at the Turks Head.
- Results will be posted on our website, www.alcester10k.com, within 24 hours of the race.

Photographs Your Race Day Photography (www.yourraceday.co.uk) are the official race photographer. Please keep an eye on their website for photos!

Volunteers We would not be able to put on this event without our wonderful volunteers. Please take the chance to thank them when you finish.

We are always looking for more volunteers for our events so if you would like to volunteer, please email us at office@raceways.org.uk.

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Sponsors and Race Partners

This event would not be possible without the support of our race partners and sponsors.



For more information about sponsorship opportunities, please contact us at office@raceways.org.uk

