

#A10K
ALCESTER 10K

Alcester 10K

**Race Day
Information**

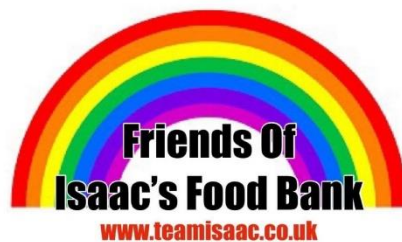
**Sunday 8th October
2023**

 **Raceways**
A COMMUNITY INTEREST COMPANY

#^10K ALCESTER 10K

Welcome to the 8th edition of the Alcester 10K, on October 8th 2023! Please ensure that you read this information pack as it contains important information for race day.

The Alcester 10K is organised by Raceways Events – we are a community interest company, based in Warwickshire, who support a variety of local charities including Friends of Isaac Food Bank in Redditch, and the Myton Hospices in Leamington and Warwick.



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Race Day Timetable

07:30 10K Registration opens – Centenary Field

07:30 Kids Fun Run registration opens – Centenary Field

09:30 10K Registration closes – Centenary Field

09:45 Warm-up at start line

09:55 Race Briefing

10:00 Alcester 10k Race Start – High Street

11:00 Kids Fun Run registration closes

11:20 Prize presentation

11:30 Kids Fun Run warm-up and Start –High Street

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Registration and Pre-Race

- You can pick up your race number and chip from Centenary Field, Alcester, B49 5QP, on **Saturday 7th October 12pm-6pm**, or from **7.30am until 9.30am** on race day.
- Please collect them on Saturday 7th October if you can, to reduce the number of runners congregating at registration on the morning of the race.
- Once you have collected your number, please fill in your emergency contact information on the reverse.
- Plan your journey in advance and allow plenty of time to park and pick up your race number.
- Registration is a 2 minute walk from the start line on the High Street.
- Please don't risk running if you feel unwell on race day. .
- Toilets will be provided at registration, there are also a range of public toilets available in Alcester town centre.

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Parking

- Free event parking is available at Festival Fields, Stratford Road, Alcester. This is a large field on the north side of the Stratford Road, next to the river. The nearest postcode is B49 6PG.
- The best way to access the parking, and avoid any early road closures, is from the A46 via the Stratford Road.
- Please be aware that there could be delays in leaving the car park after you finish the race, as finishing runners will be passing. A marshal will be in place to assist you.

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During the race

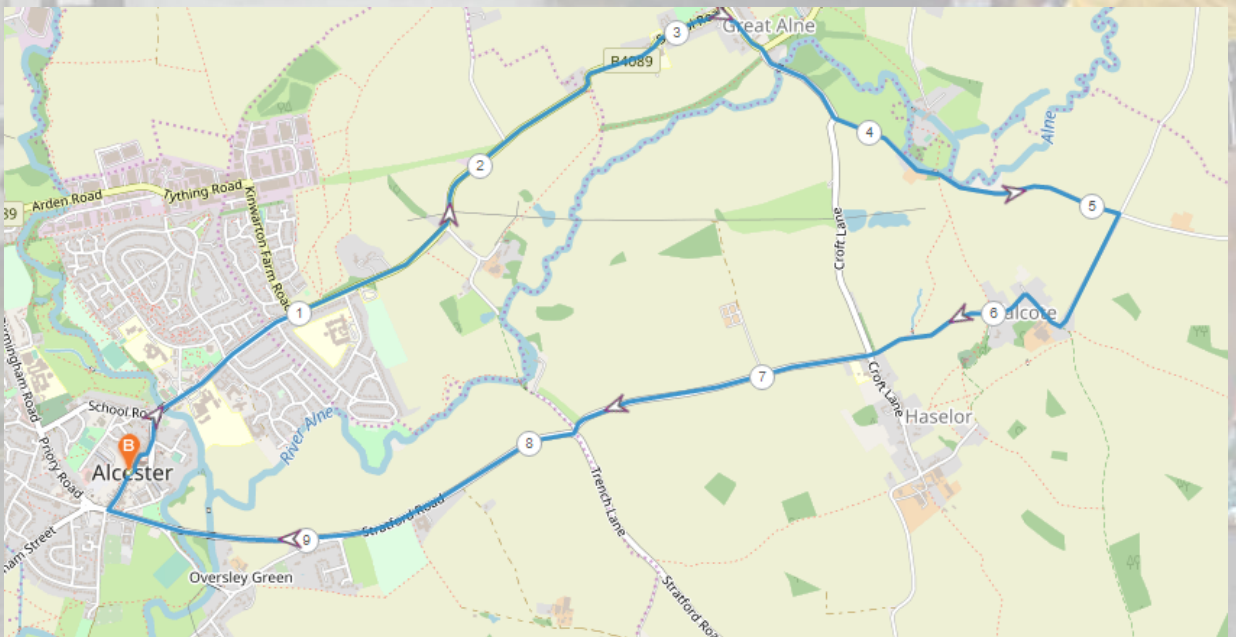
- First aid will be available during the race – if you require medical assistance, or see someone who does, please inform your nearest marshal.
- Always listen to the instructions of the marshals.
- **Please don't throw litter on the ground along the course – please use the bins provided, or hand your litter to a marshal!**
- UKA regulations state that only bone conduction headphones are allowed during the race – this allows you to hear the instructions of marshals and be aware of your surroundings

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The Route

- The route is a single 10km lap. It will be clearly marked with kilometre signs, and marshals at all junctions.
- There will be a rolling road closure, with roads being closed ahead of the race and reopened once runners have passed.
- At 11.30am, Stratford Road (8km – 9.8km) will be reopened. Any runners remaining on the course must move onto the pavement. Marshals will continue to be in place and will direct runners.
- There will be two drinks stations on the course: 3.4km (Huff Cap pub) and 5.8km (Walcote), and at the finish.



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At the Finish

- The finish is located on the High Street, back where you started!
- You can collect your finishers medal as you finish!
- If you have ordered a T shirt, please move further along the High Street to the tables by the church, where you can collect it.
- You can also claim a free Erdinger alcohol-free beer at the Turks Head.
- Results will be posted on our website, www.alcester10k.com, within 24 hours of the race.

Photographs Your Race Day Photography (www.yourraceday.co.uk) are the official race photographer. Please keep an eye on their website for photos!

Volunteers We would not be able to put on this event without our wonderful volunteers. Please take the chance to thank them when you finish.

We are always looking for more volunteers for our events so if you would like to volunteer, please email us at office@raceways.org.uk.

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Sponsors and Race Partners

This event would not be possible without the support of our race partners and sponsors.



For more information about sponsorship opportunities, please contact us at office@raceways.org.uk

